

Wednesday		Thursday	
Morning	Client Meeting 28th 9:30am - 10:30am Location: Lewes WBC		
	Wellness toolbox 10.30am - 11:30am Location: Lewes WBC		
	Quiz 11.30am - 12pm Location: Lewes WBC		
Afternoon	Creative Group 1pm - 2.30pm Location: Lewes WBC	ONLINE Community drop-in 2pm-3pm (run by Wellbeing Centre staff)	*Ask staff for link/codes to access

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