



# Neighbourhood Wellbeing Service

Hailsham | June 2026

| Monday | Tuesday | Wednesday | Thursday   | Friday |
|--------|---------|-----------|--|--------|
|        |         |           | <b>Social Activity Group</b><br>Space to play games, do puzzles, and chat with your peers.<br>10:30am – 12noon |        |
|        |         |           | <b>Client Planning Group</b><br>10:30 – 11:30am<br>11 June   |        |
|        |         |           | <b>Online Group</b><br>11am – 12noon   |        |
|        |         |           | <b>Art Group</b><br>12:15 – 1:30pm   |        |
|        |         |           | <b>Neighbourhood Wellbeing Group</b><br>2:30 – 4pm<br>Starts 11 June<br>(Registration required)                |        |

Social Space

Neighbourhood Wellbeing Group