



# TNBI Health Pop-up

**Last Tuesday Of Every Month**

 2:30pm-5pm

**Come along for:**

Health Checks

Minor Injuries & Illness

Support Navigating Your  
Health & Wellbeing

And More



No  
appointment  
needed



The Clare Project  
Drop-in,  
Dorset Gardens  
Ground Floor,  
Methodist Church,  
Brighton  
BN2 1RL



If you have any questions or feedback please contact  
[Sxicb-bh.brightonhealthhub@nhs.net](mailto:Sxicb-bh.brightonhealthhub@nhs.net)

# Welcome to the TNBI Health Pop-up

## Who are we?

The TNBI Health Hub is a partnership between The Clare Project, Switchboard, and a local NHS Primary Care team. We are a team of clinicians, social prescribers, and community workers who want to make healthcare easier and safer to access for trans, non-binary, and intersex people in Brighton and Hove.

## Why are we doing this?

We know that traditional GP surgeries can sometimes feel stressful or unwelcoming. We believe that healthcare should come to you in a space you already trust. We are also deeply concerned about the health inequities experienced by TNBI people in the city, and we want to begin to turn the tide on these.

## What's on Offer:

Whether you have a specific health worry or just want a chat over a cup of tea, we have a range of friendly faces on-site.

**Health Checks & Advice:** Speak to our clinician, Rachel (she/her), about anything that is concerning you. Rachel can provide TNBI focussed Health Checks and address any minor injuries or illnesses.

**Social Prescribing:** Our social prescriber from Switchboard can help with housing, money advice, or finding local wellbeing groups.

**Health Navigation:** We want to empower you to be able to access the healthcare you need. Please speak to Joe (he/they), our Lead for Integrated Community Teams, about your experience of accessing health care. We want to build on our offer at the monthly Pop-Up and be guided by what you need.

## Our Promise to You:

**No Gatekeeping:** We are here to support your health - not to tick boxes.

**Co-Produced:** This hub is run "by and for" our community.

**Flexible:** No need for a formal appointment – come as you are.