November 2026

Neighbourhood Wellbeing Hub - Lewes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hub Closed	Hub Closed	**10-11am** **Creative space** Space to be creative or follow a staff led Art activity.	**Online group 11-12**	Hub Closed	Hub Closed
		11-12 Social activities group. Space to play games, do puzzles, and chat with your peers.			
		12-1pm 18th November Client Planning Group.			
		12-1 Quiz group. Join a fun quiz led by staff.			
		Walk-in welcome session. Drop in and chat with one of our Mental Health			

Social Space | Walk-in Welcome Session | Peer Group | External provider | Staying Well

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		Support Coordinators. Get support, information, and guidance. No referral is Needed. 4-7pm			

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